

**North/Northeast Salem**

**St Vincent DePaul Society**  
3745 Portland Rd NE  
503-364-5672  
Mon-Fri  
10am- 1:00pm

**Good Samaritan Pantry @  
Community of Christ Church**  
4570 Center St NE  
503-378-0633  
Tuesday  
2:30 - 5pm

**Jason Lee Food Pantry**  
820 Jefferson St NE  
503-362-9885  
Wed & Fri  
9-11:30am

**Mano-a-Mano**  
3850 Portland Rd NE, #210  
503-363-1895  
Call Monday through  
Thursday 10am-6pm  
to schedule food box  
pick-up

**New Hope Foursquare Church**  
4963 Swegle Road NE  
503-370-8886  
Sunday 2-4pm

**New Harvest Church**  
4290 Portland Rd NE  
503-763-6911  
1st & 3rd Sat  
9-11am

**Pauline Memorial AME Zion**  
3593 Sunnyview Rd NE  
503-399-0130  
Full Pantry Tues.  
10:30am - 1:30pm  
Produce only on  
2nd & 4th Fri  
12:30pm-1:30pm

**Peoples Church**  
4500 Lancaster Dr NE  
503-304-4000  
1st, 2nd & 3rd Mon  
9am-10:30am  
4th Sat  
10-11:30am

**Precious Children @  
Salem Evangelical**  
455 Locust St N  
503-581-0102  
Every other Thurs  
10am-11:30am

**The Salvation Army Food Bank**  
1977 Front St NE  
503-585-6688  
Mon-Fri  
9am - Noon

**Seventh Day Adventist  
Community Center**  
1860 Summer St NE  
503-363-8893  
Mon & Tues  
10am - Noon  
*Closed in July*

**Spanish Seventh Day Adventist**  
4625 Cordon Rd NE  
503-856-9700  
Wed  
6:30-8:30pm

**Marion Polk Food Share Pantries**

**Keizer**  
**Keizer Community Food Bank  
@ Faith Lutheran Church**  
4505 River Rd N  
503-931-7612  
Mon  
5 - 7:00pm  
Thurs  
8:00 - 11am

**South/Southeast Salem**  
**Capital Park Food Pantry**  
410 19th St SE (Enter at back of church)  
503-362-6626  
2nd & 4th Wed  
5 - 7pm

**Mano-a-Mano Colonia Libertad**  
2921 Saddle Club St SE, Ste. 1009  
503-315-2290  
Call Tuesday through  
Friday 10am-5:30pm to  
schedule food box pick-up

**Table of Plenty @**  
**Queen of Peace Catholic Church**  
4227 Lone Oak Rd SE  
503-364-7202  
Thurs  
4:30 - 7pm

**Mission of Hope, Silver Creek  
Fellowship @ Houck M.S.**  
1155 Connecticut SE  
Last Saturday  
9am-11am

**Lord's Cupboard @**  
**Trinity United Methodist**  
590 Elma Ave SE  
503-585-8851  
Saturday  
1:00-3:30pm

**West Salem**  
**Kingwood Bible Church**  
1125 Elm Ave NW  
503-399-9600  
Call to schedule food  
box pick-up on 1st or  
3rd Fri 9-11am

**Life Essentials @ Life Church**  
255 College Drive NW  
503-362-0362  
3rd Thursday  
6:30-8pm  
2nd & 4th Saturday  
8:30-11:30am

**Shared Blessing @ Family Life Church**  
1675 Wallace Rd NW  
503-364-0002  
Wed  
8:30am-noon

**West Salem United Methodist**  
1219 3rd St NW  
503-363-3035  
Mon & Wed  
1 - 2:45pm

*\*Days and hours of distribution are subject to change after  
time of publication\**

**Rural Marion County**  
**Life Spring Church**  
9165 Portland Rd NE, Salem  
503-393-2155  
Tues  
10am-Noon

**Sacred Heart Food Bank**  
680 Elm St, Gervais  
503-792-4231  
1st and 3rd  
Wednesday  
1 - 4pm

**Mission Benedict**  
925 S Main St, Mt. Angel  
503-845-2468  
Wed & Fri  
1 - 4pm

**Mt. Angel Community Center**  
195 E Charles St  
503-845-6998  
Tues & Wed  
11:00am-2pm

**Silverton Area Community Aid**  
421 Water St  
503-873-3446  
Mon & Thurs 9am -  
Noon  
Tues 4- 7pm

**Mission of Hope, Silver Creek  
Fellowship**  
822 Industry Way, Silverton  
503-873-7353  
Wed 2-4pm

**Joseph's Storehouse of Hope**  
**Mehama @ Mari Linn School**  
641 5th St, Lyons  
503-881-9846  
3rd Sat  
11am-1pm

**Mill City / Gates Community  
Center**  
284 SW Cedar St, Mill City  
503-897-4904  
Tues 10am - Noon  
Thurs 6 - 8pm

**Stayton Community Food  
Bank**  
1210 Wilco Rd  
503-769-4088  
Mon. - Fri.  
9am - Noon

**Turner Christian Food Bank**  
7871 Marion Rd SE  
503-743-2119  
Monday  
9 - 11:30am

**Marion Friends Church**  
5997 Stayton Rd SE, Turner  
503-769-7915  
Monday  
10am-Noon

**\*Updated November 2020\***

**Idanha/Detroit Community  
Food Pantry**  
397 Church St, Idanha  
503-854-3455  
Friday  
9am-Noon

**Aumsville—Mama's  
Community Market**  
10153 Mill Creek Rd SE  
971-719-5665  
Thurs  
1-6pm

**Scotts Mills Community Center**  
298 4th St  
Tues  
9 - 11am

**St Luke's SVDP Food Bank**  
417 Harrison St, Woodburn  
971-338-1074  
2nd & 4th Thurs  
5-7pm

**AWARE Food Bank**  
152 Arthur St, Woodburn  
503-981-5828  
Mon, Tues, Thurs,  
& Fri 9am-Noon

**Woodburn Spanish Seventh Day  
Adventist Church**  
782 Willow Ave  
503-421-5773  
Wed  
5:30-7:30 pm

**Polk County**  
**Dallas Food Bank**  
322 Main St, Suite 180, Dallas  
503-623-3578  
Mon-Fri  
9am-11:00am

**Dallas Seventh Day Adventist**  
589 SW Birch St, Dallas  
503-623-5872/503-838-1743  
Wednesday  
10am-1pm

**Falls City Seventh Day  
Adventist Pantry**  
205 N Main St, Falls City  
503-787-3121 or 503-787-3315  
3rd Wed  
11am-3pm

**Ella Curran Food Bank**  
854 N Main St, Independence  
503-917-1681  
Tues & Thurs  
9-11:30am  
Mon & Tues 4-6pm

**Iskam Mek h Mek Haws**  
9675 Grand Ronde Rd, Grand  
Ronde  
503-879-3663  
Friday  
10am-2pm

**AFTER HOUR BOX AGENCIES:**  
-Contact your local DHS Office

-NW Crisis & Information Hotline 503-581-5535  
-Dallas Community Resource Center 503-623-9664

**Marion County Meals**

**Polk County Meals**

**Keizer Community Dinner @**  
St. Edward's Catholic Church  
5303 River Rd N, Keizer

**James 2 Community Kitchen @**  
Dallas United Methodist Church  
565 La Creole Dr, Dallas

*To-go meals - 4th Wednesday 5-7pm*

*To-go meals - Thursday 4:30-6:00pm*

**SE Neighborhood Community Center @** Capital Park Wesleyan Church

**James 2 Community Kitchen @**  
Dallas Alliance Church  
775 E Ellendale Ave, Dallas

410 19th ST SE, Salem

TEMPORARILY CLOSED UNTIL FURTHER NOTICE

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**Silverton, First Christian Church**

**James 2 Community Kitchen @**  
Falls City United Methodist Church

402 N First St, Silverton

257 Main St, Falls City

TEMPORARILY CLOSED UNTIL FURTHER NOTICE

*To-go meals - 2nd, 3rd, and 4th Tuesday 4:30-6:00pm*

**South Salem Friends Church**

1140 Baxter Rd SE, Salem

*To-go meals - Tuesday 5:30 - 7:00 pm*

**Woodburn Seventh Day Adventist Church**

782 Willow Ave, Woodburn

TEMPORARILY CLOSED UNTIL FURTHER NOTICE



**MARION POLK FOOD SHARE**

**Meals on Wheels - Salem - Keizer**

- ◆ Requirements for home delivered meals: 50 or older, homebound, or disabled
- ◆ Delivery is Monday thru Friday between 11:30am - 1:00pm
- ◆ Multiple options available to pay for meals, including assistance programs
- ◆ For questions or to sign-up call 503-364-2856

For Meals on Wheels outside of Salem-Keizer, please call NW Senior & Disabilities Services at 1-800-469-8772

**Temporary COVID Distribution Sites**

- Diabetes Support Services** – For home delivery of food boxes and other essential items call: 971-900-2297 (English) or 971-218-4002 (Spanish)
- Farmers to Families Food Box Program** – For a list of distribution sites and times visit: [www.marionpolkfoodshare.org/covid-19-relief-food-distribution/](http://www.marionpolkfoodshare.org/covid-19-relief-food-distribution/)

**Current To-Go Meals & Programs for Homeless Individuals**

**City Vibe - Meal**  
@ West Salem United Methodist Church  
1219 3rd St NW  
Friday 6 - 7:30 pm

**ARCHES - Meals, Services**  
615 Commercial St NE 503-399-9080  
Day Center Hours: Monday thru Friday 8:15 am - 3 pm  
Lunch: 11 am

**Union Gospel Mission - Meals, Services**  
345 Commercial St NE 503-362-3983  
Open Daily - **Breakfast:** 6:30am; **Lunch:** 12pm; **Dinner:** 5:30pm

**HOAP - Meals, Services**  
694 Church St NE 503-588-5827  
Daycenter Hours: Monday thru Friday 9am - 2pm  
**Breakfast:** 9:00am; **Lunch:** 12pm

**HOST - Meals, Services for Ages 18-24**  
1143 Liberty St NE 503.588.5825 or 503.361.0380  
Daycenter Hours: Monday thru Friday 9am - 2pm

**HOME Youth & Resource Center - Meals, Services for Ages 11-17**  
625 Union St NE 503-391-6428  
Daycenter Hours: Monday thru Friday 12 - 7pm



**Food Assistance Guide for Marion & Polk Counties**

A list of food pantries and meal sites

To sign up for programs like SNAP and WIC, and for access to resources like Emergency Services, Medical Care, Food, Housing, and Other Resources, call 2-1-1, visit 211.org, or contact your local DHS office for assistance and more information.



**VISIT OUR WEBSITE:**

To access this document (also available in Spanish and Russian), up-to-date service day and hours, and a current map of our sites, visit us at: [www.marionpolkfoodshare.org/get-help/](http://www.marionpolkfoodshare.org/get-help/)

**Things to keep in mind when visiting a pantry:**

**Do I qualify for food?**

You are eligible for a food box if you meet the income guidelines shown below or if you currently receive: SNAP, WIC, TANF (Temporary Assistance for Needy Families), Free & Reduced Lunch Program, SSDI (Social Security Disability Income), SSI (Supplemental Security Income), and LIHEAP (Low Income Home Energy Assistance Program).

**USDA Commodity Income Eligibility Guidelines 2020 (to be eligible to receive a food box)**

Household Size	Monthly	Annual
1	\$ 3,190	\$38,280
2	\$ 4,310	\$51,720
3	\$ 5,430	\$65,160
4	\$ 6,550	\$78,600
5	\$ 7,670	\$92,040
6	\$ 8,790	\$105,480
7	\$ 9,910	\$118,920
8	\$ 11,030	\$132,360

**What should I bring to a food pantry?**

You do not need to bring anything but yourself to a pantry. You do not need to bring any form of ID or proof of income, address, or citizenship to receive services.

**Can someone else pick up food for me?**

All of our pantries accept a form called the Authorized Representative Form. This form can be completed prior to sending someone to receive a food box on your behalf or you can pick the form up at your next pantry visit. The form is available at: [www.marionpolkfoodshare.org/get-help/](http://www.marionpolkfoodshare.org/get-help/)

**What does a food pantry collect from me?**

A food pantry only has to collect your name, address, and number of people in your household. Any additional info is optional, but not required to get food. Some of our pantries participate in a program called Link2Feed, a database used for a more in-depth intake process, but providing this additional information is completely optional for clients.

**How often can I get food?**

Each pantry is different, but some pantries request that you come for food only one time per month.

**What and how much do you get in a food box?**

Typically you will receive a variety of fresh produce, dairy, protein and shelf-stable products. Food items vary each month and generally supply a minimum of 3-5 days worth of food.

**Questions or concerns? Please call Marion Polk Food Share at (503)581-3855 and ask for Agency Relations.**