

Days and hours of distribution are subject to change after time of publication

**Updated July 2021*

Marion Polk Food Share Pantries

North/Northeast Salem

St Vincent de Paul Society Monday-Friday
3745 Portland Rd NE 10am - 1pm
503-364-5672

Good Samaritan Pantry @ Community of Christ Church Tuesday
4570 Center St NE 2:30 - 5pm
503-378-0633

Jason Lee Food Pantry Wednesday & Friday
820 Jefferson St NE 9 - 11:30am
503-362-9885

Mano-a-Mano Call Monday through Thursday, 10am - 6pm, to schedule food box pick-up for Tuesday or Thursday
3850 Portland Rd NE, #210 503-363-1895

New Hope Foursquare Church Sunday
4963 Swegle Road NE 2 - 4pm
503-370-8886

New Harvest Church 1st & 3rd Saturday
4290 Portland Rd NE 9 - 11am
503-763-6911

Pauline Memorial AME Zion Full Pantry Tuesday 10:30am - 1:30pm
3593 Sunnyview Rd NE Produce only on 2nd & 4th Friday 12:30 - 1:30pm
503-399-0130

Peoples Church 1st, 2nd & 3rd Monday
4500 Lancaster Dr NE 9 - 10:30am
503-304-4000 4th Saturday 10 - 11:30am

Precious Children @ Salem Evangelical Visit Get Help section at marionpolkfoodshare.org for more information
455 Locust St N 503-581-0102

The Salvation Army Food Bank Monday - Friday
1977 Front St NE 9am - Noon
503-585-6688

Seventh Day Adventist Community Center Monday & Tuesday
1860 Summer St NE 10am - Noon
503-363-8893 *Closed in July*

Spanish Seventh Day Adventist Wednesday
4625 Cordon Rd NE 5:30 - 7:30pm
503-856-9700

Keizer

Keizer Community Food Bank @ Faith Lutheran Church Monday
4505 River Rd N 5 - 7pm
503-931-7612 Thursday 9 - 11am

South/Southeast Salem

Capital Park Food Pantry 2nd & 4th
410 19th St SE (Enter at back of Wednesday
church) 503-362-6626 5 - 7pm

Mano-a-Mano Colonia Libertad Call Tuesday through Friday, 10am - 5:30pm, to schedule food box pick-up for Tuesday through Thursday
2921 Saddle Club St SE, Ste. 1009 503-315-2290

Table of Plenty @ Queen of Peace Catholic Church Thursday
4227 Lone Oak Rd SE 4:30 - 7pm
503-364-7202

Mission of Hope, Silver Creek Fellowship @ Houck M.S. Last Saturday
1155 Connecticut SE 9 - 11am

Lord's Cupboard @ Trinity United Methodist Saturday
590 Elma Ave SE 1 - 3:30pm
503-585-8851

West Salem

Kingwood Bible Church Call ahead to schedule food box pick-ups on the 1st or 3rd Friday,
1125 Elm Ave NW 9 - 11am
503-399-9600

Life Essentials @ Life Church 3rd Thursday 6:30 - 8pm
255 College Drive NW 2nd & 4th Saturday 8:30 - 11:30am
503-362-0362

Shared Blessing @ Family Life Church Wednesday
1675 Wallace Rd NW 8:30am - noon
503-364-0002

West Salem United Methodist Monday & Wednesday
1219 3rd St NW 1 - 2:45pm
503-569-5270

Rural Marion County

Life Spring Church Tuesday
9165 Portland Rd NE, Salem 10am - Noon
503-393-2155

Sacred Heart Food Bank 1st and 3rd
680 Elm St, Gervais Wednesday 1 - 4pm
503-792-4231

Mission Benedict Wednesday & Friday
925 S Main St, Mt. Angel 1 - 4pm
503-845-2468

Mt. Angel Community Center Tuesday & Wednesday
195 E Charles St 11am - 2pm
503-845-6998

Silverton Area Community Aid Monday & Thursday
421 Water St 9am - Noon
503-873-3446 Tuesday 4 - 7pm

Mission of Hope, Silver Creek Fellowship Wednesday
822 Industry Way, Silverton 2 - 4pm
503-873-7353

Joseph's Storehouse of Hope @ Mari Linn School 3rd Saturday
641 5th St, Lyons 11am - 1pm
503-881-9846

Mill City / Gates Community Center Tuesday
284 SW Cedar St, Mill City 10am - Noon
503-897-4904 Thursday 6 - 8pm

Stayton Community Food Bank Monday - Friday
1210 Wilco Rd 9am - Noon
503-769-4088

Turner Christian Food Bank Monday
7871 Marion Rd SE 9 - 11:30am
503-743-2119

Marion Friends Church Monday
5997 Stayton Rd SE, Turner 10am - Noon
503-769-7915

Idanha/Detroit Community Food Pantry Friday
397 Church St, Idanha 9 am - Noon
503-854-3455

Aumsville—Mama's Community Market Thursday
10153 Mill Creek Rd SE 1 - 6pm
541-680-7018

Scotts Mills Community Center Tuesday
298 4th St 9 - 11am

St Luke's SVDP Food Bank 2nd & 4th Thursday
417 Harrison St, Woodburn 5 - 7pm
971-338-1074

AWARE Food Bank Monday, Tuesday, Thursday, & Friday
152 Arthur St, Woodburn 9am - Noon
503-981-5828

Woodburn Spanish Seventh Day Adventist Church Wednesday
782 Willow Ave 5:30 - 7:30pm
503-421-5773

Polk County

Dallas Food Bank Mon, Tues, Thur
322 Main St, Suite 180, Dallas 1 - 3pm
503-623-3578 Wed & Fri 9 - 11am

Dallas Seventh Day Adventist Wednesday
589 SW Birch St, Dallas 10am - 1pm
503-623-5872 or 503-838-1743

Polk County Resource Center Monday - Thursday
182 SW Academy St, Suite 220, Dallas 8am - 6pm
503-623-9664 Friday 8am - 5pm

Falls City Seventh Day Adventist Pantry 3rd Wednesday
205 N Main St, Falls City 11am - 3pm
503-787-3121 or 503-787-3315

Ella Curran Food Bank Tuesday & Thursday
854 N Main St, Independence 9 - 11:30am
503-917-1681 Monday & Tuesday 4 - 6pm

Iskam Mek h Mek Haws Friday 10am - 2pm
9675 Grand Ronde Rd, Grand Ronde
503-879-3663

AFTER-HOURS BOX AGENCIES

- Contact your local DHS office
- NW Crisis & Information Hotline
503-581-5535

Marion County Meals Polk County Meals

Keizer Community Dinner @ St. Edward's Catholic Church
5303 River Rd N, Keizer
To-go meals - 4th Wednesday 5 - 7pm

James 2 Community Kitchen @ Dallas United Methodist Church
565 La Creole Dr, Dallas
To-go meals - Thursday 4:30 - 6pm

SE Neighborhood Community Center @ Capital Park Wesleyan Church
410 19th St SE, Salem
TEMPORARILY CLOSED UNTIL FURTHER NOTICE

James 2 Community Kitchen @ Dallas Alliance Church
775 E Ellendale Ave, Dallas
TEMPORARILY CLOSED UNTIL FURTHER NOTICE

Silverton, First Christian Church
402 N First St, Silverton
TEMPORARILY CLOSED UNTIL FURTHER NOTICE

James 2 Community Kitchen @ Falls City United Methodist Church
257 Main St, Falls City
To-go meals - 2nd, 3rd, and 4th Tuesday 4:30 - 6:00pm

South Salem Friends Church
1140 Baxter Rd SE, Salem
Tuesday 5:00 - 6:30pm

Woodburn Seventh Day Adventist Church
782 Willow Ave, Woodburn
TEMPORARILY CLOSED UNTIL FURTHER NOTICE

Meals on Wheels: Salem - Keizer

- Requirements for home delivered meals: age 50 or older, homebound, or disabled
- Delivery is Monday thru Friday between 11:30am - 1pm
- Multiple options available to pay for meals, including assistance programs
- For questions or to sign up, call 503-364-2856

For Meals on Wheels outside of Salem-Keizer, please call NW Senior & Disabilities Services at 1-800-469-8772.



Temporary COVID Distribution Sites

- **Diabetes Support Services**
For home delivery of food boxes and other essential items call:
971-900-2297 (English) or
971-218-4002 (Spanish)



Food Assistance Guide for Marion & Polk Counties
A list of food pantries and meal sites

To sign up for programs like SNAP and WIC, and for access to resources like Emergency Services, Medical Care, Food, Housing, and other resources, call 2-1-1, visit 211.org, or contact your local DHS office for assistance and more information.



Visit Our Website

To access this document (also available in Spanish and Russian), up-to-date service days and hours and a current map of our sites, visit us at:

www.marionpolkfoodshare.org/get-help/

Please keep these things in mind when visiting a pantry:

Do I qualify for food?

You are eligible for a food box if you meet the income guidelines shown below or if you currently receive: SNAP, WIC, TANF (Temporary Assistance for Needy Families), Free & Reduced Lunch Program, SSDI (Social Security Disability Income), SSI (Supplemental Security Income), and LIHEAP (Low Income Home Energy Assistance Program).

USDA Commodity Income Eligibility Guidelines 2021 (to be eligible to receive a food box)

Household Size	Monthly Income	Annual Income
1	\$3,222	\$38,640
2	\$4,356	\$52,260
3	\$5,490	\$65,880
4	\$6,627	\$79,500
5	\$7,761	\$93,120
6	\$8,895	\$106,740
7	\$10,032	\$120,360
8	\$11,166	\$133,980

What should I bring to a food pantry?

You do not need to bring anything but yourself to a pantry. You do not need to bring any form of ID or proof of income, address, or citizenship to receive services.

Can someone else pick up food for me?

All of our pantries accept a form called the Authorized Representative Form. This form can be completed prior to sending someone to receive a food box on your behalf or you can pick the form up at your next pantry visit. The form is available at: www.marionpolkfoodshare.org/get-help/

What does a food pantry collect from me?

A food pantry only has to collect your name, address, and number of people in your household. Any additional info is optional, but not required to get food. Some of our pantries participate in a program called Link2Feed, a database used for a more in-depth intake process, but providing this additional information is completely optional for clients.

How often can I get food?

Each pantry is different, but some pantries request that you come for food only one time per month.

What and how much do you get in a food box?

Typically, you will receive a variety of fresh produce, dairy, protein and shelf-stable products. Food items vary each month and generally supply a minimum of 3-5 days' worth of food.

Questions or concerns?

Please call Marion Polk Food Share at (503)581-3855 and ask for Agency Relations.

Current To-Go Meals & Programs for Homeless Individuals

City Vibe - Meal
@ West Salem United Methodist Church
1219 3rd St NW **Friday 6 - 7:30 pm**

ARCHES - Meals, Services
615 Commercial St NE, 503-399-9080
Day Center Hours: Monday - Friday 8:15am - 3pm, Lunch: 11am

Union Gospel Mission - Meals, Services
777 Commercial St NE 503-362-3983
Open Daily - Breakfast: 6:30am; Lunch: 12 pm; Dinner: 5:30pm

HOAP - Meals, Services
694 Church St NE, 503-588-5827
Day Center Hours: Monday - Friday 9am - 2pm
Breakfast: 9am; Lunch: 12pm

HOST - Meals, Services for Ages 18-24
1143 Liberty St NE
503.588.5825 or 503.361.0380
Day Center Hours: Monday - Friday 9am - 2pm

HOME Youth & Resource Center - Meals, Services for Ages 11-17
625 Union St NE, 503-391-6428
Day Center Hours: Monday - Friday 12 - 7pm