

Days and hours of distribution are subject to change after time of publication

**Updated February 2022*

Marion Polk Food Share Pantries

North/Northeast Salem

St Vincent de Paul Society Monday-Friday
3745 Portland Rd NE 10am - 1pm
503-364-5672

Good Samaritan Pantry @ Community of Christ Church Tuesday
4570 Center St NE 2:30 - 5pm
503-378-0633

Jason Lee Food Pantry Wednesday & Friday
820 Jefferson St NE 9 - 11:30am
503-362-9885

Mano-a-Mano Call Monday through Thursday, 10am - 6pm, to schedule food box pick-up for Tuesday or Thursday
3850 Portland Rd NE, #210 503-363-1895

New Hope Foursquare Church Visit Get Help section at marionpolkfoodshare.org for more information
4963 Swegle Road NE 503-370-8886

New Harvest Church 1st & 3rd Saturday 9 - 11am
4290 Portland Rd NE 503-763-6911

Pauline Memorial AME Zion 2nd & 4th Tuesday 10:30am - 1:30pm
3593 Sunnyview Rd NE 503-399-0130

Peoples Church 1st, 2nd & 3rd Monday 9 - 10:30am
4500 Lancaster Dr NE 4th Saturday 10 - 11:30am
503-304-4000

Precious Children @ Salem Evangelical 2nd & 4th Thursday 10am - 12pm
455 Locust St N 503-581-0102

The Salvation Army Food Bank Monday - Friday 9am - Noon
1977 Front St NE 503-585-6688

Salem Adventist Community Services Monday & Tuesday 9:30am - 11:30am
1860 Summer St NE Closed in July
503-363-8893

Spanish Seventh Day Adventist Wednesday 5:30 - 7:30pm
4625 Cordon Rd NE 503-856-9700

Diabetes Support Services
3886 Beverly Ave NE
971-900-2297 (English)
971-218-4002 (Español)

Keizer

Keizer Community Food Bank @ Faith Lutheran Church
4505 River Rd N 503-931-7612

South/Southeast Salem

Capital Park Food Pantry 2nd & 4th Wed 5 - 7pm
410 19th St SE (Enter at back of church) 503-362-6626

Mano-a-Mano Colonia Libertad Call Tuesday through Friday, 10am-5:30pm, to schedule food box pick-up for Tuesday through Thursday
2921 Saddle Club St SE, Ste. 1009 503-315-2290

Table of Plenty @ Queen of Peace Catholic Church Thursday 4:30 - 7pm
4227 Lone Oak Rd SE 503-364-7202

Mission of Hope, Silver Creek Fellowship @ Houck M.S. Last Saturday 9 - 11am
1155 Connecticut SE

Lord's Cupboard @ Trinity United Methodist Saturday 1 - 3:30pm
590 Elma Ave SE 503-585-8851

West Salem

Life Essentials @ Life Church 3rd Thur 6:30 - 8pm
255 College Drive NW 2nd & 4th Saturday 8:30 - 11:30am
503-362-0362

Shared Blessing @ Family Life Church Wednesday 8:30am - noon
1675 Wallace Rd NW 503-364-0002

West Salem United Methodist Monday & Wednesday 1 - 2:45pm
1219 3rd St NW 503-569-5270

Home Delivery Day:
Tuesday 3:30pm-5:00pm
Walk-in Pantry:
Thursday & Friday 11:00am-3:00pm

Monday 5 - 7pm
Thursday 9 - 11am

2nd & 4th Wed 5 - 7pm

Call Tuesday through Friday, 10am-5:30pm, to schedule food box pick-up for Tuesday through Thursday

Thursday 4:30 - 7pm

Last Saturday 9 - 11am

Saturday 1 - 3:30pm

3rd Thur 6:30 - 8pm
2nd & 4th Saturday 8:30 - 11:30am

Wednesday 8:30am - noon

Monday & Wednesday 1 - 2:45pm

Rural Marion County

Life Spring Church Tuesday 10am - Noon
9165 Portland Rd NE, Salem 503-393-2155

Sacred Heart Food Bank 1st and 3rd Wednesday 1 - 4pm
680 Elm St, Gervais 503-792-4231

Mission Benedict Wednesday & Friday 1 - 4pm
925 S Main St, Mt. Angel 503-845-2468

Mt. Angel Community Center Tuesday & Wednesday 11am - 2pm
195 E Charles St 503-845-6998

Silverton Area Community Aid Monday & Thursday 9am - Noon
421 Water St Tuesday 4 - 7pm
503-873-3446

Mission of Hope, Silver Creek Fellowship Wednesday 2 - 4pm
822 Industry Way, Silverton 503-873-7353

Joseph's Storehouse of Hope @ Mari Linn School 3rd Saturday 11am - 1pm
641 5th St, Lyons 503-881-9846

Mill City / Gates Community Center Tuesday 10am - Noon
284 SW Cedar St, Mill City Thursday 6 - 8pm
503-897-4904

Stayton Community Food Bank Monday - Friday 9am - Noon
1210 Wilco Rd 503-769-4088

Turner Christian Food Bank Monday 9 - 11:30am
7871 Marion Rd SE 503-743-2119

Marion Friends Church Monday 10am - Noon
5997 Stayton Rd SE, Turner 503-769-7915

Idanha/Detroit Community Food Pantry Friday 9 am - Noon
397 Church St, Idanha 503-854-3455

Aumsville—Mama's Community Market Thursday 1 - 6pm
10153 Mill Creek Rd SE 541-680-7018

Scotts Mills Community Center Tuesday 9 - 11am
298 4th St

St Luke's SVDP Food Bank 2nd & 4th Thursday 5 - 7pm
417 Harrison St, Woodburn 971-338-1074

AWARE Food Bank Mon, Tues, Thur, & Fri 9am - Noon
154 Harrison St, Woodburn 1st & 3rd Tues 3:30 - 6pm
503-981-5828

Woodburn Spanish Seventh Day Adventist Church Wednesday 5:30 - 7:30pm
782 Willow Ave 503-421-5773

Polk County

Dallas Food Bank Mon, Tues, Thur 1 - 3pm
322 Main St, Suite 180, Dallas Wed & Fri 9 - 11am
503-623-3578

Dallas Seventh Day Adventist Wednesday 10am - 1pm
589 SW Birch St, Dallas 503-623-5872 or 503-838-1743

Polk County Resource Center Monday - Friday 8am - 5pm
182 SW Academy St, Suite 220, Dallas 503-623-9664

Falls City Seventh Day Adventist Pantry 3rd Wednesday 11am - 3pm
205 N Main St, Falls City 503-787-3121 or 503-787-3315

Ella Curran Food Bank Tuesday & Thursday 9 - 11:30am
854 N Main St, Independence Monday & Tuesday 4 - 6pm
503-917-1681

Iskam Mek h Mek Haws Friday 10am - 2pm
9675 Grand Ronde Rd, Grand Ronde 503-879-3663

AFTER-HOURS BOX AGENCIES

- Contact your local DHS office
- NW Crisis & Information Hotline
503-581-5535

Community Meal Sites

Marion County Meals

Keizer Community Dinner @ St. Edward's Catholic Church
5303 River Rd N, Keizer
4th Wednesday 5 – 7pm

SE Neighborhood Community Center @ Capital Park Wesleyan Church
410 19th St SE, Salem
Visit Get Help section at marionpolkfoodshare.org for more information

First Christian Church Silverton
402 N First St, Silverton
TEMPORARILY CLOSED UNTIL FURTHER NOTICE

South Salem Friends Church
1140 Baxter Rd SE, Salem
Tuesday 5:00 – 6:30pm

Woodburn Seventh Day Adventist Church
782 Willow Ave, Woodburn
TEMPORARILY CLOSED UNTIL FURTHER NOTICE

Polk County Meals

James 2 Community Kitchen @ Dallas United Methodist Church
565 La Creole Dr, Dallas
To-go meals - Thursday 4:30 – 6pm

James 2 Community Kitchen @ Dallas Alliance Church
775 E Ellendale Ave, Dallas
TEMPORARILY CLOSED UNTIL FURTHER NOTICE

James 2 Community Kitchen @ Falls City United Methodist Church
257 Main St, Falls City
To-go meals - 2nd & 4th Tuesday 4:00 – 5:30pm

Meals on Wheels: Salem – Keizer

- Requirements for home delivered meals: age 50 or older, homebound, or disabled
- Delivery is Monday thru Friday between 11:30am – 1pm
- Multiple options available to pay for meals, including assistance programs
- For questions or to sign up, call 503-364-2856

For Meals on Wheels outside of Salem-Keizer, please call NW Senior & Disabilities Services at 1-800-469-8772.



Do you still need help finding food?
Call the Marion Polk Food Share office at 503-581-3855 for assistance

Current Meals & Programs for Houseless Individuals

City Vibe – Meal
@ West Salem United Methodist Church
1219 3rd St NW **Friday 6 – 7:30 pm**

Union Gospel Mission – Meals, Services
777 Commercial St NE 503-362-3983
Open Daily – Breakfast: 6:30am; Lunch: 12 pm; Dinner: 5:30pm

HOST – Meals, Services for Ages 18-24
1143 Liberty St NE
503.588.5825 or 503.361.0380
Day Center Hours: Monday – Friday 9am – 2pm

ARCHES – Meals, Services
615 Commercial St NE, 503-399-9080
Day Center Hours: Monday – Friday 8:15am – 3pm
Breakfast: M-F 9am-10am; Lunch: M-F 12pm-1pm

HOAP – Meals, Services
694 Church St NE, 503-588-5827
Day Center Hours: Monday – Friday 9am – 2pm
Breakfast: 9am; Lunch: 12pm

HOME Youth & Resource Center – Meals, Services for Ages 11-17
625 Union St NE, 503-391-6428
Day Center Hours: Monday – Friday 12 – 7pm



Food Assistance Guide for Marion & Polk Counties

A list of food pantries and meal sites

To sign up for programs like SNAP and WIC, and for access to resources like Emergency Services, Medical Care, Food, Housing, and other resources, call 2-1-1, visit 211.org, or contact your local DHS office for assistance and more information.



Visit Our Website

To access this document (also available in Spanish and Russian), up-to-date service days and hours, and a current map of our sites, visit us at:

www.marionpolkfoodshare.org/get-help/

Please keep these things in mind when visiting a pantry:

Do I qualify for food?

You are eligible for a food box if you meet the income guidelines shown below or if you currently receive: SNAP, WIC, TANF (Temporary Assistance for Needy Families), Free & Reduced Lunch Program, SSDI (Social Security Disability Income), SSI (Supplemental Security Income), and LIHEAP (Low Income Home Energy Assistance Program).

USDA Commodity Income Eligibility Guidelines 2021 (to be eligible to receive a food box)

Household Size	Monthly Income	Annual Income
1	\$3,222	\$38,640
2	\$4,356	\$52,260
3	\$5,490	\$65,880
4	\$6,627	\$79,500
5	\$7,761	\$93,120
6	\$8,895	\$106,740
7	\$10,032	\$120,360
8	\$11,166	\$133,980

What should I bring to a food pantry?

You do not need to bring anything but yourself to a pantry. You do not need to bring any form of ID or proof of income, address, or citizenship to receive services.

Can someone else pick up food for me?

All of our pantries accept a form called the Authorized Representative Form. This form can be completed prior to sending someone to receive a food box on your behalf or you can pick the form up at your next pantry visit. The form is available at:

www.marionpolkfoodshare.org/get-help/

What does a food pantry collect from me?

A food pantry only has to collect your name, address, and number of people in your household. Any additional info is optional, but not required to get food. Some of our pantries participate in a program called Link2Feed, a database used for a more in-depth intake process, but providing this additional information is completely optional for clients.

How often can I get food?

Each pantry is different, but some pantries request that you come for food only one time per month.

What and how much do you get in a food box?

Typically, you will receive a variety of fresh produce, dairy, protein and shelf-stable products. Food items vary each month and generally supply a minimum of 3-5 days' worth of food.

Questions or concerns?

Please call Marion Polk Food Share at (503)581-3855 and ask for Agency Relations.