

# APRIL 2025



# DINING ROOM MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Orange Chicken Rice Snap Peas Pineapple Rings Fortune Cookie	2 Breakfast Bowl (Eggs-Pork Sausage- Potatoes) Mixed Veggies Orange Wedges English Muffin	3 Chicken Tenders Jojos Peas Fruit Biscuit	4 Spaghetti with Meat Sauce Italian Vegetables Fruit Garlic Toast
7 BBQ Chicken Roasted Potatoes Mixed Vegetables Fruit Biscuit	8 Korean Meatballs White Rice Peas & Carrots Tropical Fruit Naan Bread	9 Frittata Red Potatoes Carrots Orange Wedges Biscuit	10 Meatloaf with Ketchup Mashed Potatoes Mixed Vegetables Peaches Dinner Roll	11 Veggie Lasagna Brussels Sprouts Tropical Fruit Garlic Toast
14 <b>CLOSED</b>	15 Pizza w/ Turkey Sausage Green Beans Side Salad Sourdough Bread	16 Teriyaki Chicken Rice Carrots Naan Bread Fruit Cocktail	17 Chicken Parmesan Pasta Broccoli Tropical Fruit Focaccia Bread	18 Chili Con Carne Rice Corn Three Bean Salad Corn Bread
21 Cheese Ravioli Marinara Sauce Green Beans Pears Garlic Toast	22 Honey Mustard Chicken Rosemary Potatoes Carrots Cole Slaw Dinner Roll	23 White Fish Rice Green Beans Pickles Beets Focaccia Bread	24 Meatball Marinara Pasta Peas & Carrots Pears Garlic Bread	25 Fajita Chicken Spanish Rice Southwest Corn Fruit Flour Tortilla
28 Herb Garlic Chicken Red Potatoes Italian Vegetables Peaches Sourdough Bread	29 Swedish Meatballs Pasta Green Beans Applesauce Focaccia Bread	30 Enchirito (Bean & Cheese) Spanish Rice Chuckwagon Corn Fruit Mexi Slaw		

**Would you like to better manage your chronic condition?**

Eat better, feel better! Learn about SNAP, a free program that allows you to purchase food so you can eat more nutritious meals! The average benefit for an older adult household in Oregon is about \$90 per month towards food purchases. Persons 60 years or older and disabled members can benefit from deductions by allowable costs such as: doctor bills, prescription drugs, over-the-counter medication, and dentures.



Call 2-1-1 or North West Senior & Disability Services at:  
**(503) 304-3420**